

研究發佈會
Press Conference: Announcement of Research Findings

香港青少年懷孕：價值觀、態度與抉擇
HK Teenage Pregnancy: Values,
Attitudes & Decision Making

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Mother's Choice

*A Place to Show Love and Care
since 1987*



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Mission Statement

Mother's Choice promotes *loving, nurturing care* for babies and children needing permanent homes. We help *single girls* and their families facing *crisis pregnancies*.

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Services

- Hotline Service
- Counseling and Referral Service
- Bilingual Sex education website (www.motherschoice.org)
- School talks / workshop for students, teachers and parents
- Agency Visit
- Hostel service
- Advertisement (e.g. TVCs, posters, billboards)

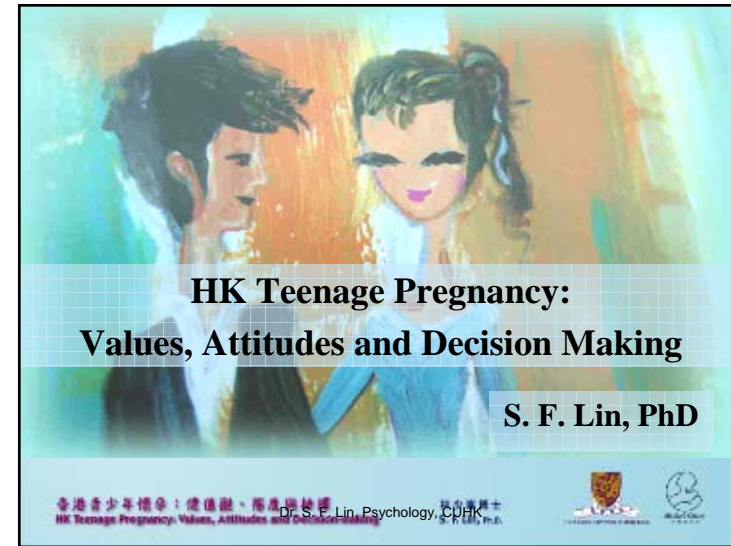
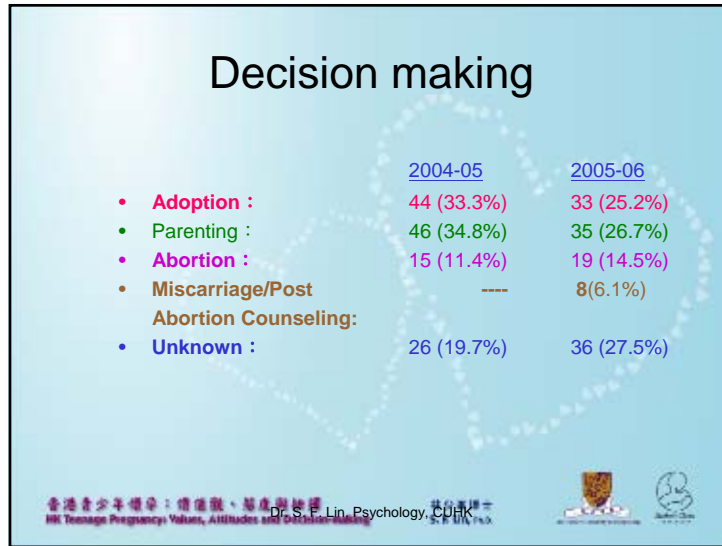
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<http://www.motherschoice.org>



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- ### Research objectives
- What is the values and attitudes of teenagers towards sexual behaviors and pregnancy-related issues?
 - If teenagers have unplanned pregnancy, how would they do?
 - Which internal and external factors would affect their decision making after unplanned pregnancy?
 - Of whom teenagers will talk to about their sexual behaviors and pregnancy-related issues?
 - How are teenagers' views different from parents in terms of their views towards sexual behaviors and pregnancy-related issues?
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- ### The Research
- Teenagers who are full-time students**
 - Between 12 to 21 years old
 - A total of 3335 teenagers participated in the study
 - Parents**
 - Having children of 12 to 21 years old
 - A total of 140 parents participated in the study
 - Teenage Mothers**
 - Teenage mothers who experienced unplanned pregnancy in the last 2 to 3 years
 - A total of 5 teenage mothers participated in the study
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Research tools

Teenagers who are full-time students

- Questionnaire
- Included Teen Attitude Pregnancy Scale (Somers, Johnson, & Sawilowsky, 2002)

Parents

- Questionnaire

Teenage Mothers

- Case study
- Qualitative analysis
- Quantitative analysis

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Major Findings (Teenage Participants)



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Information of Participants

	Gender		Total
	Male	Female	
Form 1 to 2	19 %	18 %	37%
Form 3 to 7	24 %	35 %	59%
University	2 %	2 %	4 %
Total	45 %	55 %	100%

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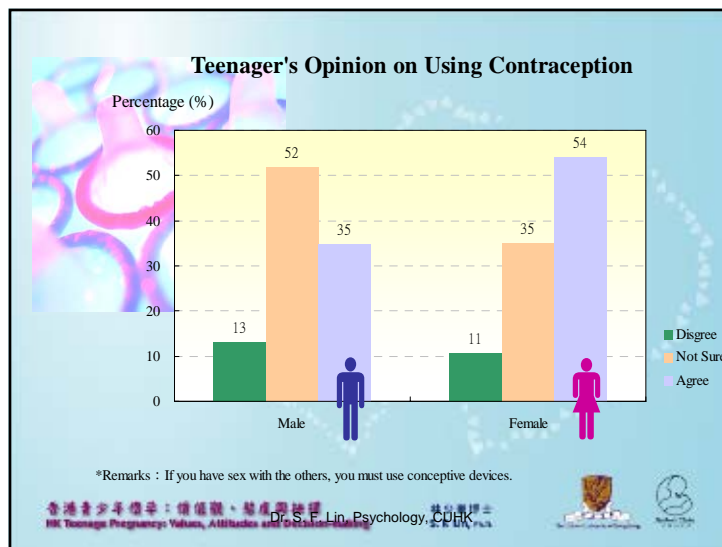
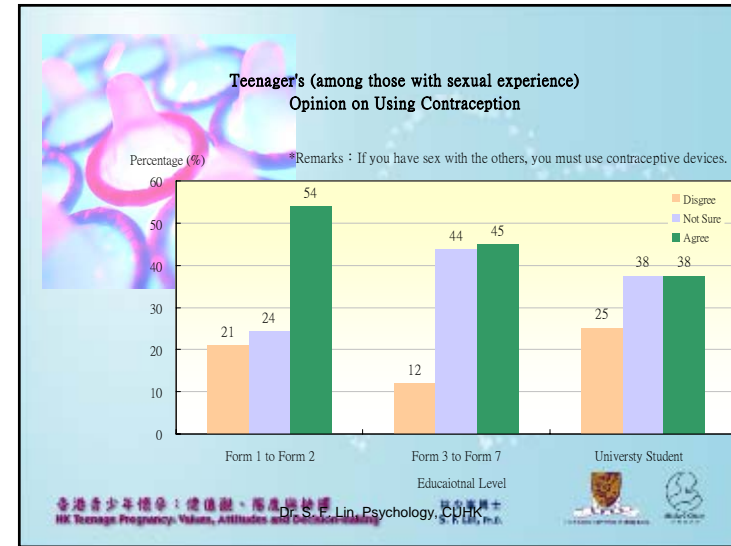
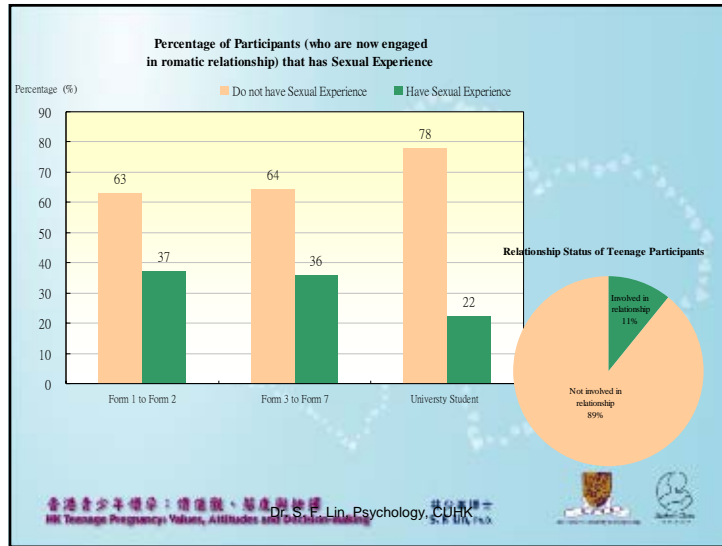
Teenagers and Sex



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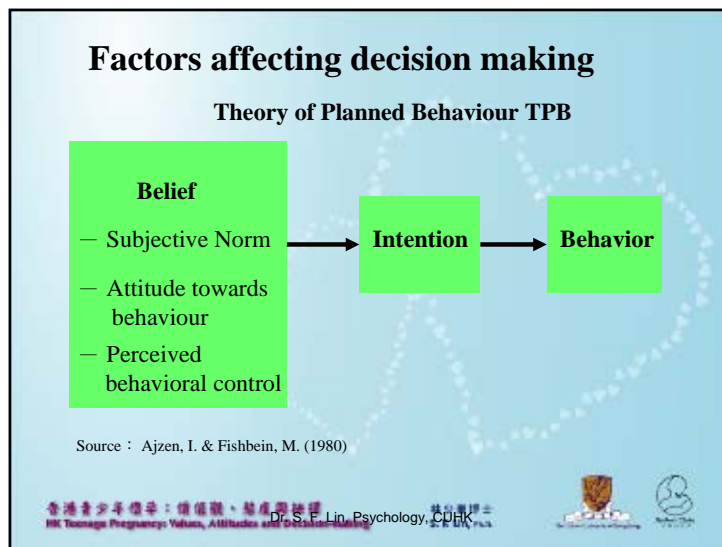
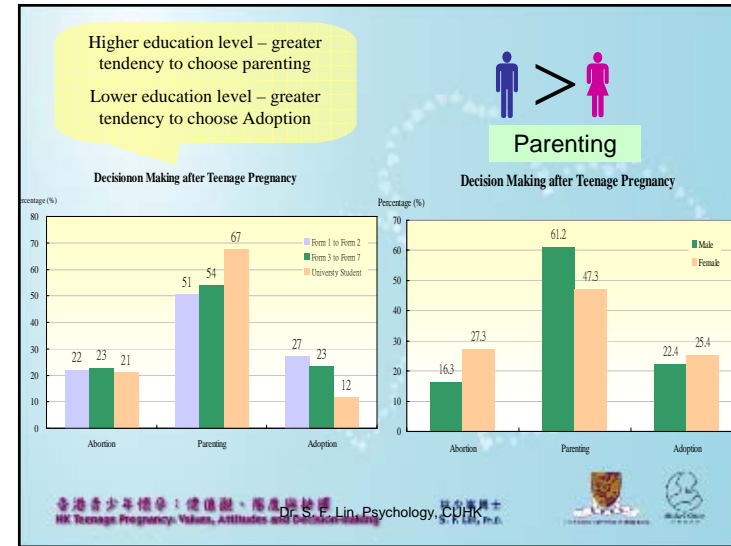
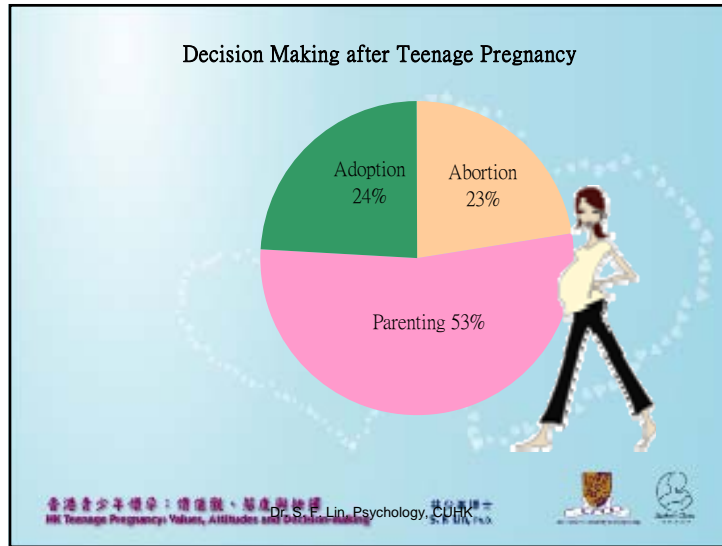
Teenage Pregnancy: Value, Attitudes and Decision Making

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What is the decision that teenagers will make after being pregnant?

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What are the internal and external factors affecting decision making?

Internal Factors

- Belief
- Perceived cost

External Factors

- Family
- Peers
- Society
- School

Sources :
 Hampton, Jeffery, McWatters & Smith, 2005; Plotnick, 1992 ; Turner, 2004; Wintre, Hicks, McVey & Fox, 1988;
 Wood, Senn, Desmarais, Park & Verberg, 2002;

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What are the internal and external factors affecting decision making?




- Those youths that have chosen Abortion as a solution to pregnancy tends to be
 - Less concern with
 - Family and kinship
 - Value of life
 - Realism of child rearing

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What are the internal and external factors affecting decision making?

- Those youths that have chosen Parenting as a solution to pregnancy tends to be
 - more concerned with
 - Family and kinship
 - Realism of child rearing
 - Less concerned with
 - Perceived cost
 - Influence from family, peers and society

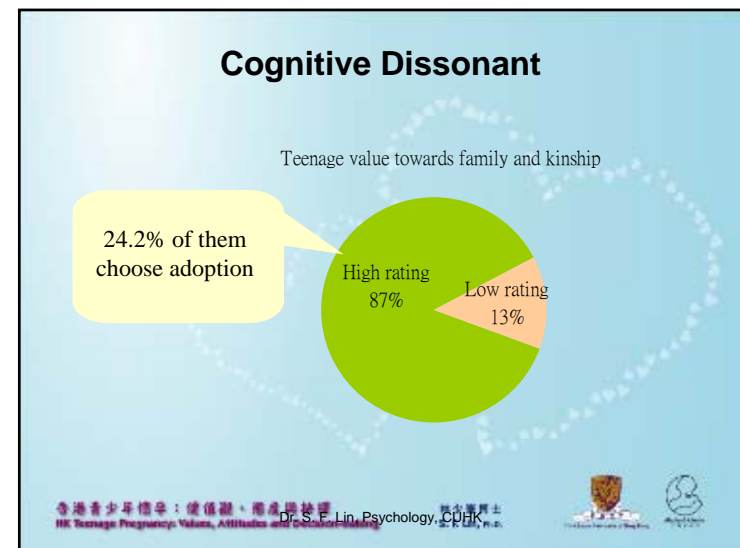
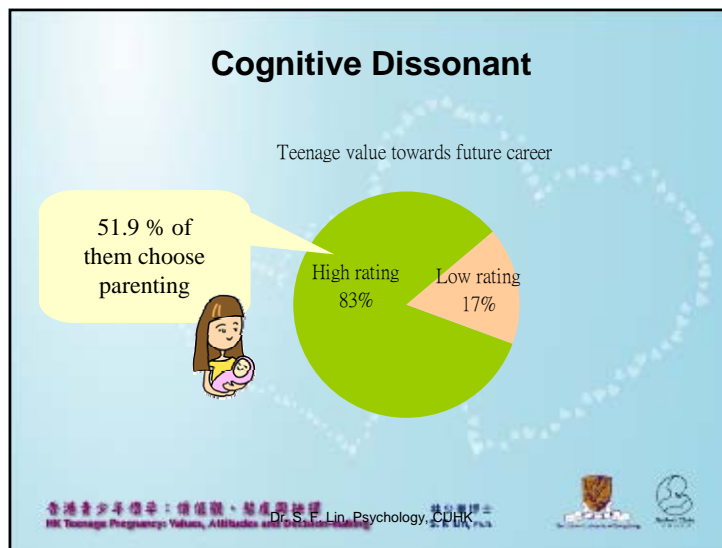
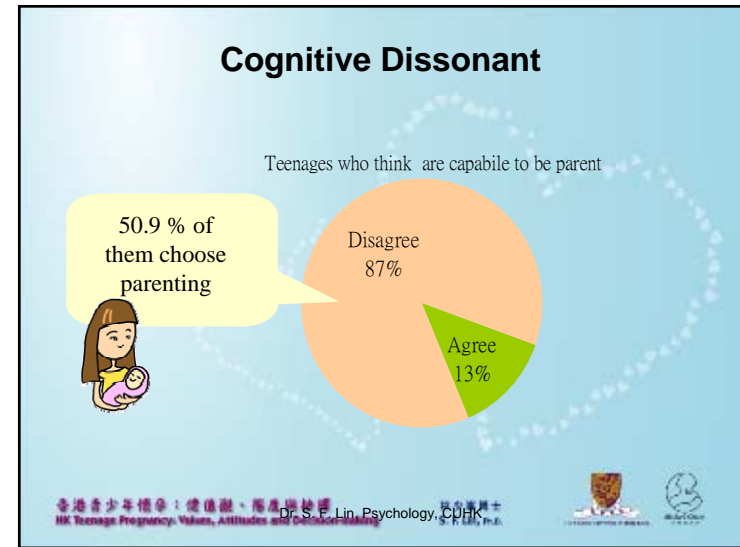
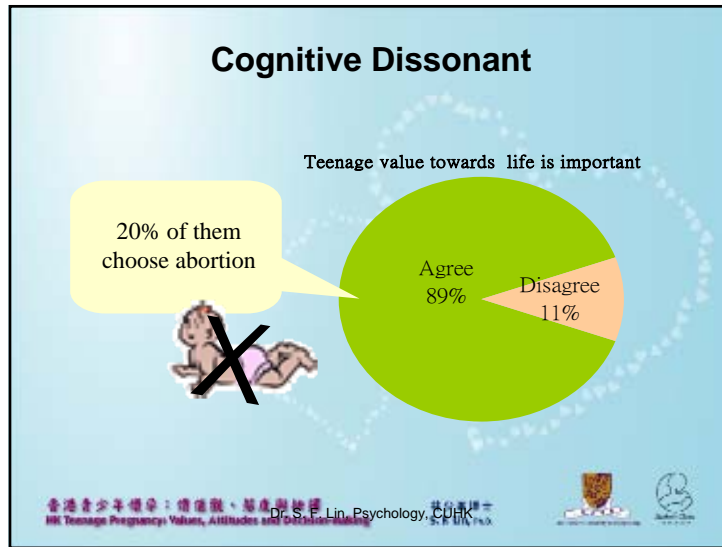


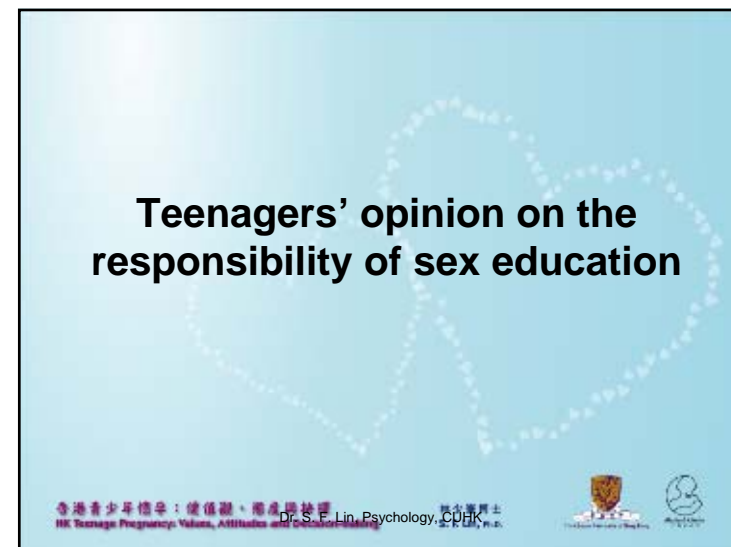
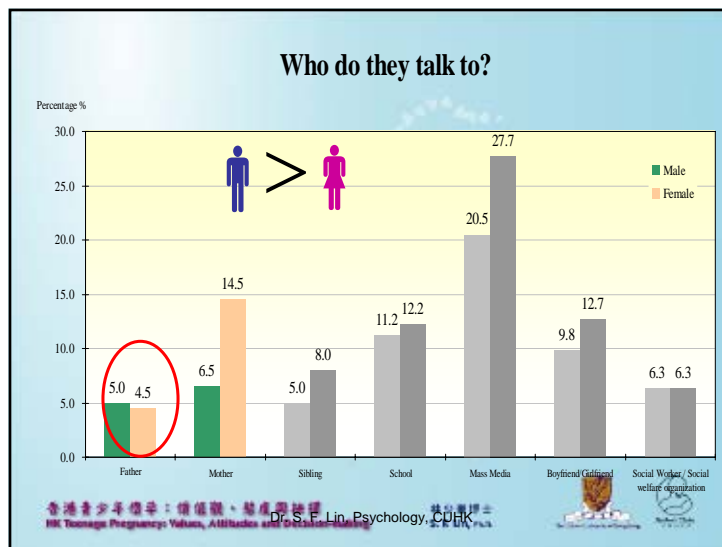
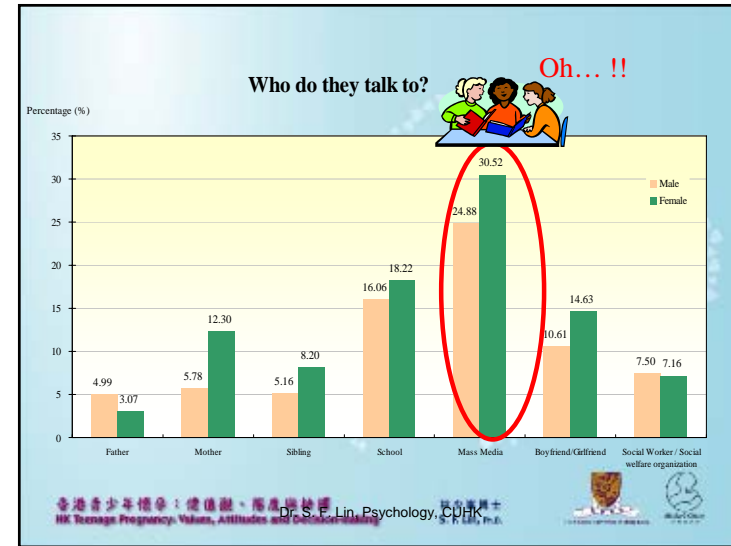
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What are the internal and external factors affecting decision making?

- Those youths that have chosen Adoption as a solution to pregnancy tends to be
 - More concerned with
 - Belief

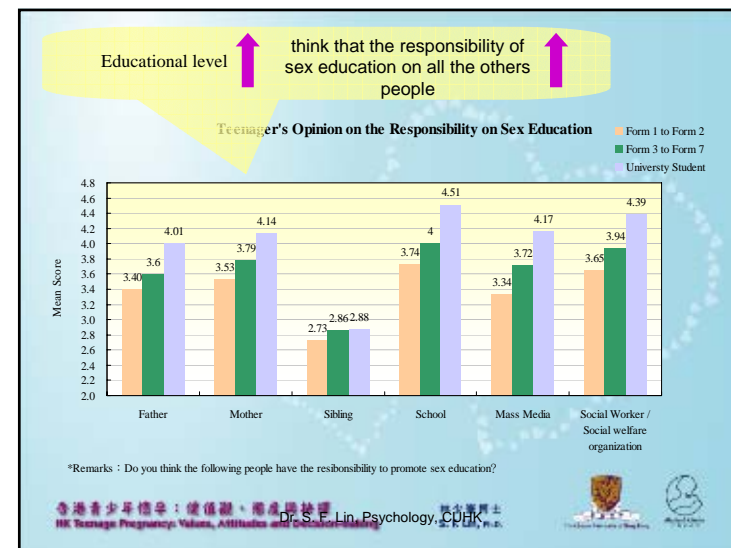
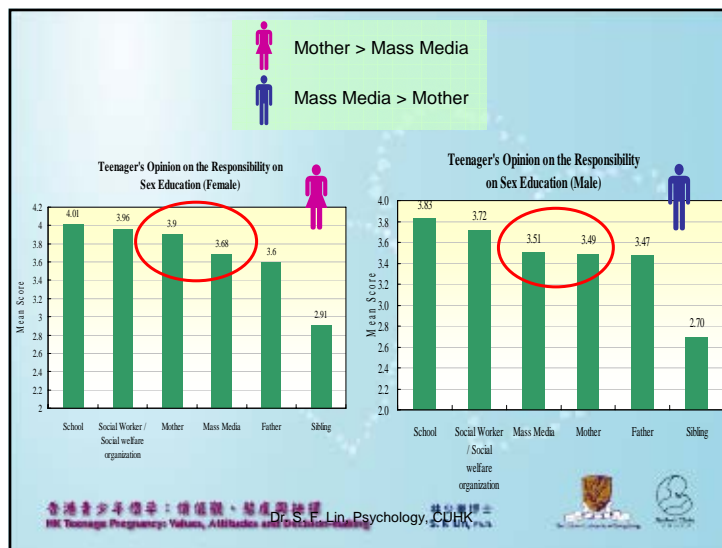
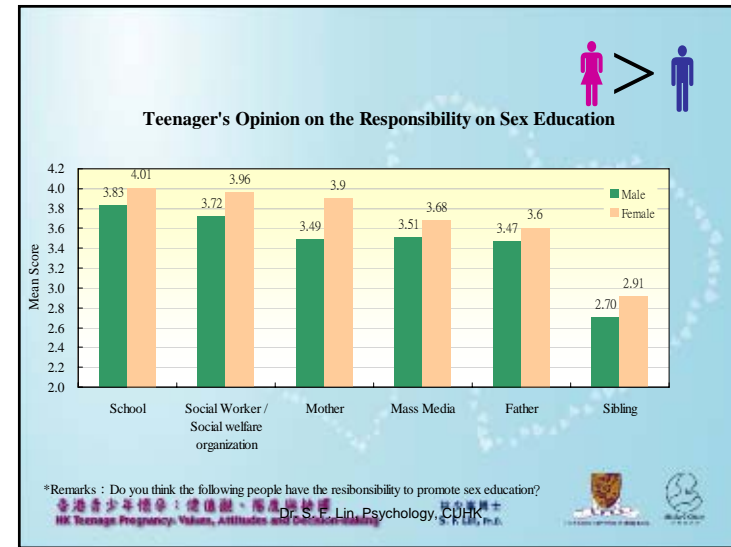
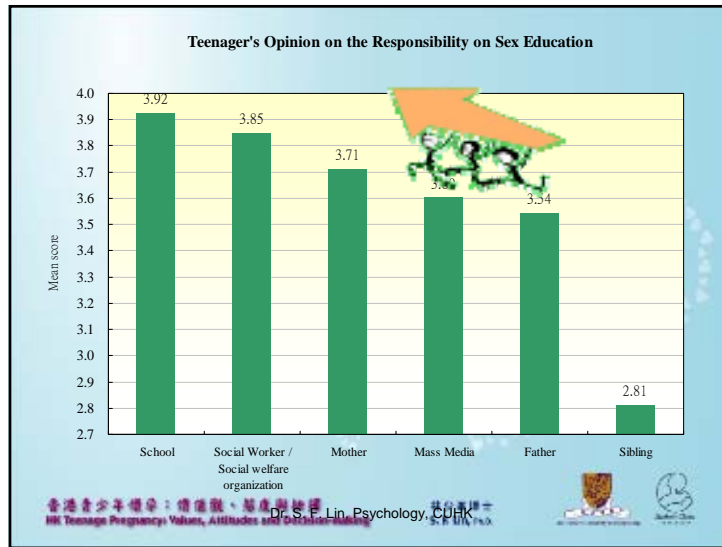
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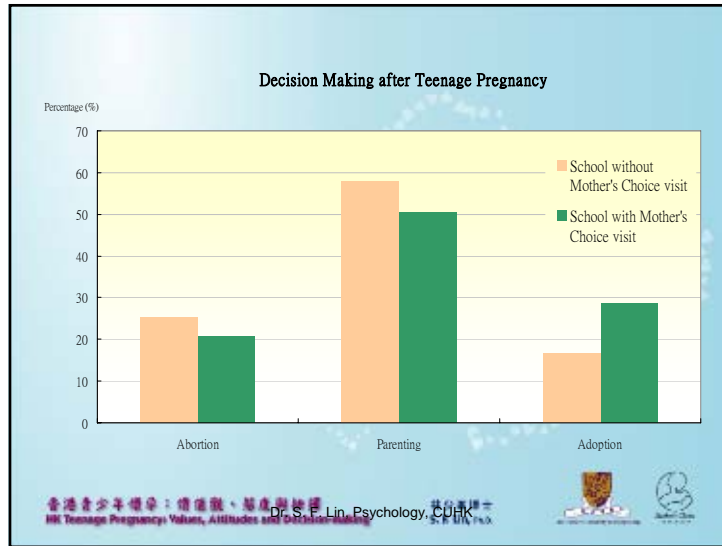




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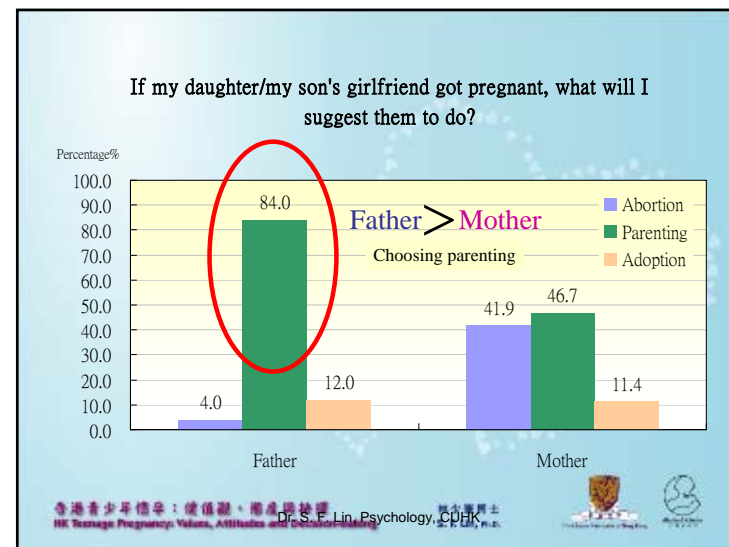


Major Findings (Parent Participants)

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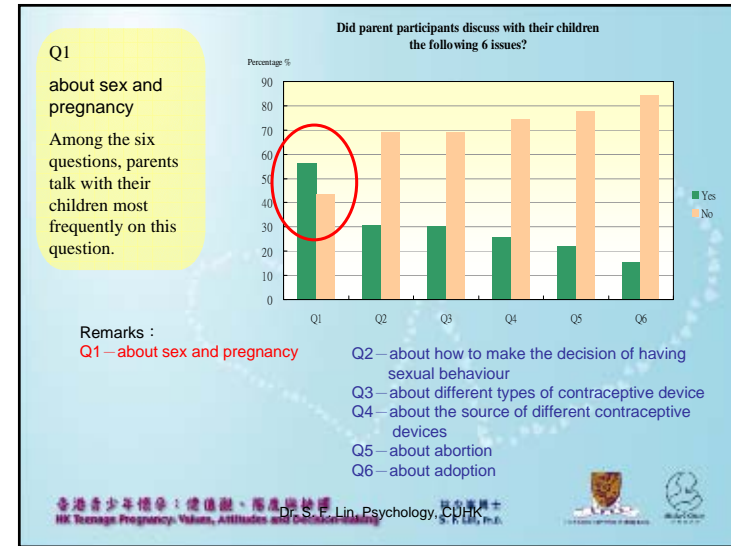
How would parents react on their children's unplanned pregnancy?

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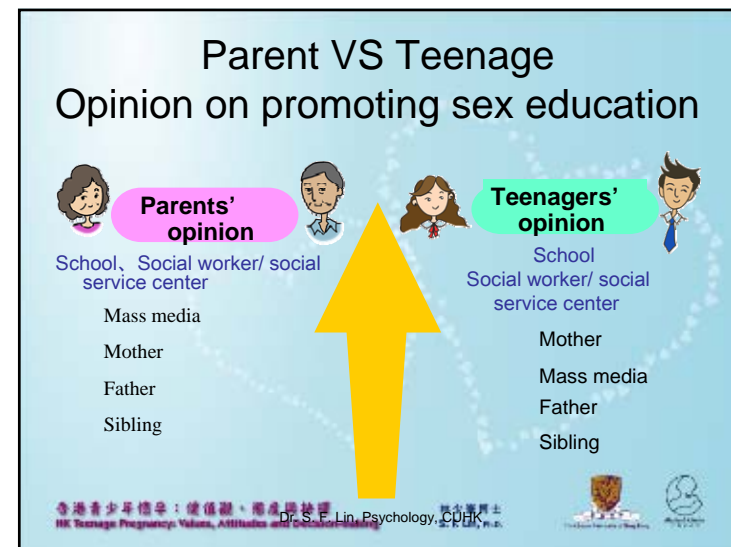
Will parents talk about 'SEX' with their children?

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Parents' opinions on the responsibility of sex education

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Qualitative Analysis

- 5 persons who were pregnant in the last 2 to 5 years were interviewed
- The interviewees have all been clients of Mother's Choice
- The interviews took around one hour



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Qualitative Analysis

- Their ages of pregnancy ranged from 15 to 21years
- Their choices:
 - 2 of them have chosen parenting
 - 2 of them have chosen adoption
 - 1 have chosen abortion

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Qualitative Analysis



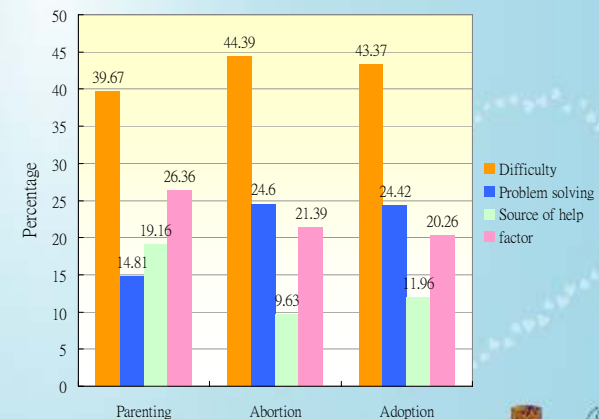
- They were asked to share about
- Difficulties encountered in the incident of accidental pregnancy
 - Means employed to solve problems
 - Sources of help that they received
 - Factors affecting their decision-making

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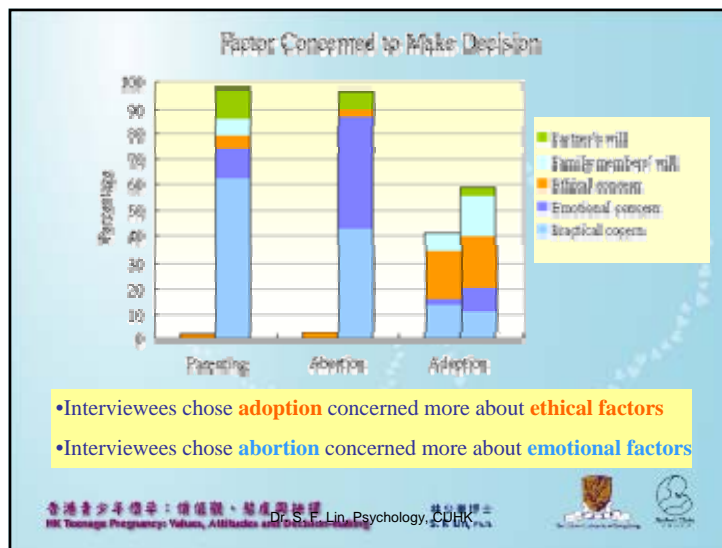
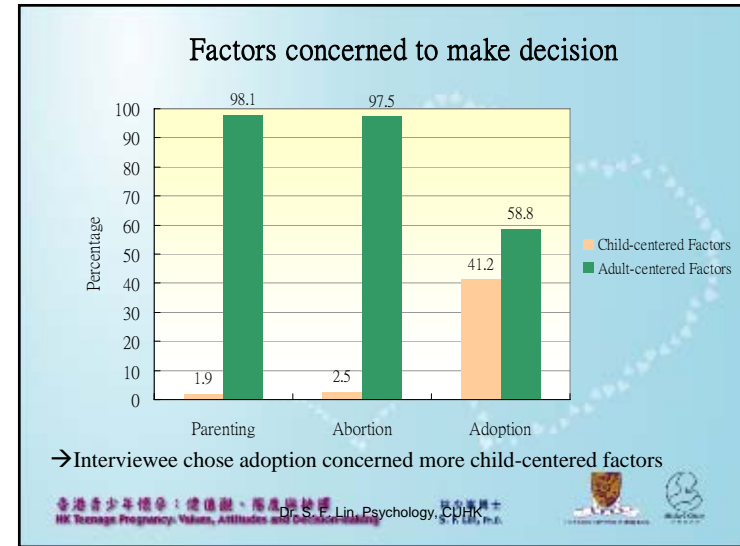
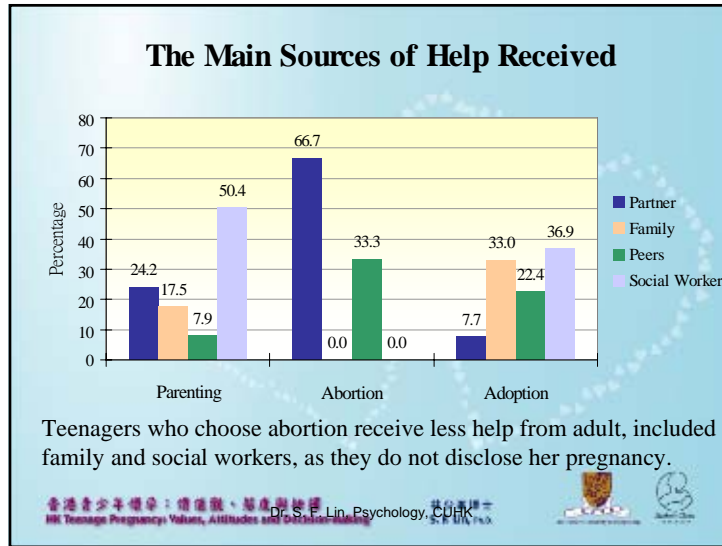
Four Aspects Mentioned in Interview



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Discussion

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The five core needs of Adolescents

- Affirmation
- Information giving
- Values clarification
- Limit setting
- Anticipatory guidance



Source: Roffman, 2001

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Six dimensions of sexuality

Health	“safe sex” and beyond (WHO’s definition-physical, social, emotional, intellectual and spiritual)
Values	personal conduct and character; ethical sexual conduct → moral values and choices
Development	sexual and reproductive changes throughout the life span
Intimacy	Physical intimacy → sexual fulfillment (difficult to find the right words)
Sensuality	our perception and experiences of our own body image, desirability and attractiveness
Gender	Personal identity

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Sexuality is more than what we are but who we are and how we behave

- **Sex** = genital + genital behaviour
- **Sexuality**= Genitality and genderality,
 Personal identity
 Multitude of ways we think, feel and act

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Reliability of the Study

1. Reliability of the questionnaire

- Reliabilities of the scales are satisfactory.
- **Teenage questionnaire**
 - Factors affecting decision after getting pregnant ($\alpha = 0.94$)
 - Internal factors ($\alpha = 0.92$);
 - External factors ($\alpha = 0.91$)
 - Items about values and attitude ($\alpha = 0.78$)
- **Parent questionnaire**
 - Factors affecting decision after getting pregnant ($\alpha = 0.91$)
 - Internal factors ($\alpha = 0.87$);
 - External factors ($\alpha = 0.86$)
 - Items about values ($\alpha = 0.69$)

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Reliability of the Study

2. Response rate

- **Teenage questionnaire (99.9%)**

- No. of questionnaire has been distributed: 3337
- No. of questionnaire has been distributed: 3335

- **Parent questionnaire (78.2%)**

- No. of questionnaire has been distributed: 179
- No. of questionnaire has been distributed: 140

Acknowledgement

CUHK & Mother's Choice would like to thank everyone that has taken the time to attend this conference.

Your support is valuable to us & to the benefits of the adolescence of HK



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- All parents who have participated in the study
- All teenage mothers who have participated in the study
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- Ms Amy Chui in the Public Relations, CUHK

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