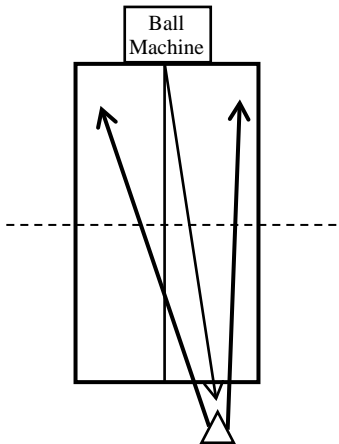
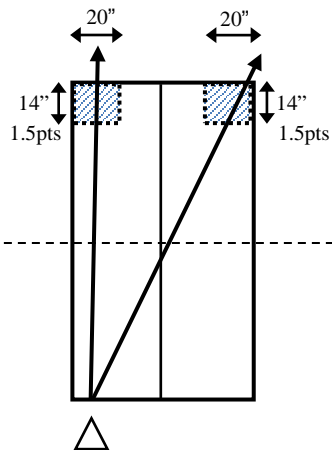


Intermediate Table Tennis (Men)

(Aug 2024 Version)

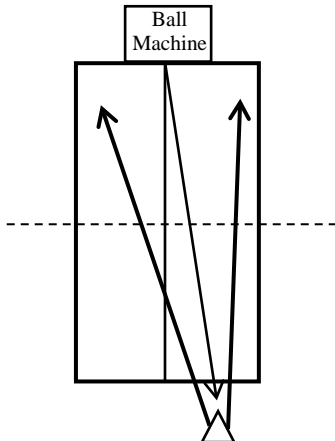
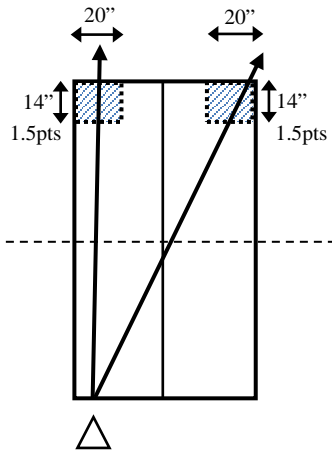
The following content is made reference to a right-handed player.

Skills (60%): Results in each item 12% + Quality of skill in each item 3%					Attendance & Participation	Written Exam
Exam	Forehand Topspin (12%)	Spin Serve with Forehand / Backhand (12%)	Forehand Alternating with Backhand Drive (12%)	Backhand Slice and Forehand Topspin (12%)	20%	20%
Content	<p>12 balls are fed by a ball machine at the frequency of 55 balls /min.</p> <p>The candidate is required to stand above a 1.5-meter distance and return every ball by forehand topspin to the opposite left and right table by turns.</p> <p>The candidate scores 1 point for every successful return.</p> 	<p>The candidate is required to execute a spin serve (forehand or backhand) to the shaded region.</p> <p>The candidate serves 8 balls to each side. Every ball counts. (The scoring is shown in the diagram below.)</p> <p>If the ball hits the table but does not hit the shadow area, it counts as 1/2 point.</p> 	<p>In a group of 2 to be arranged by the candidates. Both candidates are required to do rally shots with forehand and backhand in combination with footwork in 30 sec.</p> <p>Player 1 – plays only to the backhand court.</p> <p>Player 2 – plays alternately to the forehand and backhand court.</p> <p>Player 1 – using footwork movement, hits one with the forehand and one with the backhand.</p> <p>Count how many consecutive hits the pair can do.</p> <p>Change roles and count how many consecutive hits the pair can do.</p> <p>The candidate will get 1 point per 3 successful shots for the first 18 rallies. From the 19th rally onwards, each successful rally shot scores 1/5 point. Divide the total number of balls of 2 players and give points according to the mark sheet.</p> <p>Both candidates share the same score.</p> <p>NB. 2 candidates are given 6 balls for the examination.</p>	<p>In a group of two to be arranged by the candidates.</p> <p>Both candidates hit the ball from the left-half table.</p> <p>Player 1 backhand pushes two balls to the backhand.</p> <p>After 2 pushes, player 1 plays a backhand push to the backhand side then an inside-out forehand topspin to the opposite left half table.</p> <p>Change roles and repeat the process.</p> <p>The candidate will get 1.5 points for 8 successful rally shots.</p> <p>If the ball hits the table but does not hit the right half-court, it counts as 1 point.</p> <p>NB. Each candidate is given 8 balls for the exam.</p>		
Quality of Skills	<p>3 pts – In the exam, students fulfill the requirements of skill quality, and their performances are extremely smooth and skillful.</p> <p>2 pts – In the exam, students fairly fulfill the requirements of skill quality, and their performances are fairly smooth and skillful.</p> <p>1 pt – In the exam, students fail to fulfill the requirements of skill quality and their performances are not smooth and skillful.</p>					
No. of Trails	1	1	1	1		

Intermediate Table Tennis (Women)

(Aug 2024 Version)

The following content is made reference to a right-handed player.

Skills (60%): Results in each item 12% + Quality of skill in each item 3%					Attendance & Participation	Written Exam
Exam	Forehand Topspin (12%)	Spin Serve with Forehand / Backhand (12%)	Forehand Alternating with Backhand Drive (12%)	Backhand Slice and Forehand Topspin (12%)	20%	20%
Content	<p>12 balls are fed by a ball machine at the frequency of 55 balls /min.</p> <p>The candidate is required to stand above a 1.5-meter distance and return every ball by forehand topspin to the opposite table by turns.</p> <p>The candidate scores 1 point for every successful return.</p> 	<p>The candidate is required to execute a spin serve (forehand or backhand) to the shaded region.</p> <p>The candidate serves 8 balls to each side. Every ball counts. (The scoring is shown in the diagram below.)</p> <p>If the ball hits the table but does not hit the shadow area, it counts as 1 point.</p> 	<p>In a group of 2 to be arranged by the candidates. Both candidates are required to do rally shots with forehand and backhand in combination with footwork in 30 sec.</p> <p>Player 1 – plays only to the backhand court.</p> <p>Player 2 – plays alternately to the forehand and backhand court.</p> <p>Player 1 – using footwork movement, hits one with the forehand and one with the backhand.</p> <p>Count how many consecutive hits the pair can do.</p> <p>Change roles and count how many consecutive hits the pair can do.</p> <p>The candidate will get 1 point per 3 successful shots for the first 18 rallies. From the 19th rally onwards, each successful rally shot scores 1/5 point. Divide the total number of balls of 2 players and give points according to the mark sheet.</p> <p>Both candidates share the same score.</p> <p>NB. 2 candidates are given 6 balls for the examination.</p>	<p>In a group of two to be arranged by the candidates.</p> <p>Player 1 backhand pushes two balls to the backhand.</p> <p>After 2 pushes, player 1 plays a backhand push to the backhand side then an inside-out forehand topspin to the opposite table.</p> <p>Change roles and repeat the process.</p> <p>The candidate will get 1.5 points for 8 successful rally shots.</p> <p>NB. Each candidate is given 8 balls for the exam.</p>		
Quality of Skills	<p>3 pts – In the exam, students fulfill the requirements of skill quality and their performances are extremely smooth and skillful.</p> <p>2 pts – In the exam, students fairly fulfill the requirements of skill quality and their performances are fairly smooth and skillful.</p> <p>1 pt – In the exam, students fail to fulfill the requirements of skill quality and their performances are not smooth and skillful.</p>					
No. of Trails	1	1	1	1		