

# Volleyball

(Aug 2024 Version)

Skills (60%): Results of each item 15% + Quality of skill of each item 5%				Attendance & Participation	Written Exam
Exam	<u>Underhand pass</u> [Men / Women]	<u>Overhand pass</u> [Men / Women]	<u>Serve</u> [Men / Women]	20%	20%
Content	<div>1. Receive 4 balls serve from left &amp; right side alternately</div> <div>2. Standing at assigned region, students allow to move while the ball have served</div> <div>3. Marks will be given when the ball receiving is higher the top of antenna</div> <div>4. 1 mark will be given if the ball receiving is located within the court, even it is not located in the front court</div> <div>5. The ball have to serve behind the 3m line and then received</div> <div></div>	<div>1. Receive 10 balls serve (the best 8 hits out of 10 will be counted)</div> <div>2. Standing at assigned region, students allow to move while the ball have served</div> <div>3. Marks will be given when the ball receiving is higher the top of antenna</div> <div>4. 1 mark will be given if the ball receiving is located within the court, even it is not located in the front court</div> <div>5. No mark will be given if there is double hitting / holding</div> <div></div>	<div>1. Serve : 6 trials (best 5 out of 6 will be counted)</div> <div>2. Marking : as below</div> <div>3. Women: Underhand serve or Overhead serve</div> <div>4. Men: Overhead serve</div> <div></div>		
Legend	<div> Examinee (M)     Examinee (W)</div> <div> Feeder (M&amp;W)</div>	<div> Examinee (M)     Examinee (W)</div> <div> Feeder (M)     Feeder (W)</div>	<div> Examinee (M &amp; W)</div>		
No. of Trials	1	1	1		
Quality of Skills	5 pts – In the exam, students fulfill the requirements of skill quality and their performances are extremely smooth and skillful 3 pts – In the exam, students fairly fulfill the requirements of skill quality and their performances are fairly smooth and skillful 1 pt – In the exam, students fail to fulfill the requirements of skill quality and their performances are not smooth and skillful				
Remarks:	For underhand pass and overhand pass exams, even 2 points have been gained in all attempt, the highest marks for each item will be 15 marks (quality mark is not included) only.				