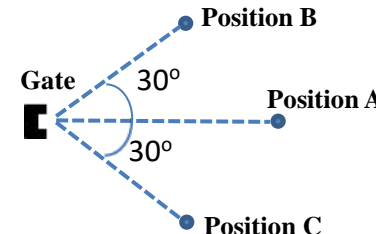
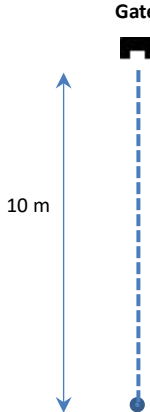


## Woodball (Men/Women)

(Aug 2024 Version)

Skills (60%) : Results in each item 15% + Quality of skill in each item 5%								Attendance & Participation	Written Examination												
Exam	Par 1 Shooting (4 Shots) [Men / Women]	Par 2 Shooting (3 Shots) [Men / Women]	Distance Control - Medium and Long Stroke (4 Shots) [Men / Women]	Par 1	Par 2	Distance control	Marks	20%	20%												
Content	<div><div><div>➤ Shoot at each three positions</div><div>➤ 1 more shot at among three positions</div></div><div><table data-bbox="259 762 633 992"><thead><tr><th>Position</th><th>Distance</th><th>Angle</th></tr></thead><tbody><tr><td>A</td><td>2 m</td><td>Normal</td></tr><tr><td>B</td><td>1 m</td><td>30° rightwards</td></tr><tr><td>C</td><td>1 m</td><td>30° leftwards</td></tr></tbody></table><div>➤ Marks will only be given when the ball passes through the gate with only 1 shooting</div></div></div>	Position	Distance	Angle	A	2 m	Normal	B	1 m	30° rightwards	C	1 m	30° leftwards	<div><div><div>➤ 10m shooting</div><div>➤ Fairway width: 5 m</div></div><div></div><div>➤ Marks will only be given when the ball passes through the gate with NOT more than 2 shootings</div></div>	<div>Distance control for 3 zones :</div> <div><div>➤ Fairway width: 5 m</div><div>➤ 1 shot for each zone</div><div>➤ 1 remedy only if lose the shots</div><div>➤ The shot will only be scored when the ball stop within the zone</div></div> <div><b>Distance Ranges (Men):</b><div>Zone 1 15 – 20 m</div><div>Zone 2 20 – 25 m</div><div>Zone 3 25 m or above</div></div> <div><b>Distance Range (Women):</b><div>Zone 1 10 – 15 m</div><div>Zone 2 15 – 20 m</div><div>Zone 3 20 m or above</div></div>	4	3	3	15		
		Position	Distance	Angle																	
		A	2 m	Normal																	
		B	1 m	30° rightwards																	
		C	1 m	30° leftwards																	
					14																
					13																
		3			12																
					11																
			2	2	10																
					9																
		2			8																
			7																		
			6																		
	1	1	5																		
1			4																		
Quality of Skills	5 pts – In the exam, students fulfill the requirements of skill quality and their performances are extremely smooth and skillful 3 pts – In the exam, students fairly fulfill the requirements of skill quality and their performances are fairly smooth and skillful 1 pt – In the exam, students fail to fulfill the requirements of skill quality and their performances are not smooth and skillful																				
Trial No.	1	1	1																		